



## Methamphetamine (MET) Rapid Test Package Insert

For professional *in vitro* diagnostic use only.

### INTENDED USE & SUMMARY

The Methamphetamine (MET) Rapid Test is a lateral flow chromatographic immunoassay for the detection of Methamphetamine in human urine at a cut-off concentration of 1,000 ng/mL. This test will detect other related compounds, please refer to the Analytical Specificity table in this package insert.

**This assay provides only a preliminary analytical test result. A more specific alternate chemical method must be used in order to obtain a confirmed analytical result. Gas chromatography/mass spectrometry (GC/MS) is the preferred confirmatory method. Clinical consideration and professional judgment should be applied to any drug of abuse test result, particularly when preliminary positive results are used.**

Methamphetamine is an addictive stimulant drug that strongly activates certain systems in the brain. Methamphetamine is closely related chemically to Amphetamine, but the central nervous system effects of Methamphetamine are greater. Methamphetamine is made in illegal laboratories and has a high potential for abuse and dependence. The drug can be taken orally, injected, or inhaled. Acute higher doses lead to enhanced stimulation of the central nervous system and induce euphoria, alertness, reduced appetite, and a sense of increased energy and power. Cardiovascular responses to Methamphetamine include increased blood pressure and cardiac arrhythmias. More acute responses produce anxiety, paranoia, hallucinations, psychotic behavior, and eventually, depression and exhaustion.

The effects of Methamphetamine generally last 2-4 hours, and the drug has a half-life of 9-24 hours in the body. Methamphetamine is excreted in the urine primarily as Amphetamine, and oxidized and deaminated derivatives. However, 10-20% of Methamphetamine is excreted unchanged. Thus, the presence of the parent compound in the urine indicates Methamphetamine use. Methamphetamine is generally detectable in the urine for 3-5 days, depending on urine pH level.

The Methamphetamine (MET) Rapid Test is a rapid urine screening test that can be performed without the use of an instrument. The test utilizes a monoclonal antibody to selectively detect elevated levels of Methamphetamine in urine. The Methamphetamine (MET) Rapid Test yields a positive result when the Methamphetamine in urine exceeds 1,000 ng/mL.

### PRINCIPLE

The Methamphetamine (MET) Rapid Test is a rapid chromatographic immunoassay based on the principle of competitive binding. Drugs which may be present in the urine specimen compete against the drug conjugate for binding sites on the antibody.

During testing, a urine specimen migrates upward by capillary action. Methamphetamine, if present in the urine specimen below 1,000 ng/mL, will not saturate the binding sites of the antibody coated particles in the Test strip. The antibody coated particles will then be captured by immobilized Methamphetamine conjugate and a visible colored line will show up in the test line region. The colored line will not form in the test line region if the Methamphetamine level exceeds 1,000 ng/mL because it will saturate all the binding sites of anti-Methamphetamine antibodies.

A drug-positive urine specimen will not generate a colored line in the test line region because of drug competition, while a drug-negative urine specimen or a specimen containing a drug concentration less than the cut-off will generate a line in the test line region. To serve as a procedural control, a colored line will always appear at the control line region indicating that proper volume of specimen has been added and membrane wicking has occurred.

### COMPOSITION

Each test kit contains test strip/device (dropper)/panel and package insert.

*Materials required but not provided:* timer, specimen collection container.

### STORAGE AND STABILITY

- Store the test kit in a cool, dry place between 2-30°C. Keep away from light. Exposure to temperature and / or humidity outside the specified conditions may cause inaccurate results.
- Do not freeze.** Use the test kit at temperatures between 15-30°C.
- Use the test kit between 10-90% humidity.
- Do not use the test kit beyond the expiration date (printed on the foil pouch and box).

**Note:** All expiration dates are printed in Year-Month-Day format. 2022-06-18 indicates June 18, 2022.

### WARNINGS, PRECAUTIONS AND LIMITATIONS

- For professional *in vitro* diagnostic use only. Do not use the test after the expiration date.
- The test should remain in the sealed pouch until use.
- All specimens should be considered potentially hazardous and handled in the same manner as an infectious agent.
- This kit contains products of animal origin. Certified knowledge of the origin and/or sanitary state of the animals does not totally guarantee the absence of transmissible pathogenic agents. It is therefore, recommended that these products be treated as potentially infectious, and handled observing the usual safety precautions (do not ingest or inhale).
- Avoid cross-contamination of specimens by using a new specimen collection container for each specimen obtained.
- Read the entire procedure carefully prior to performing any tests.
- Do not eat, drink or smoke in the area where the specimens and kits are handled. Handle all specimens as if they contain infectious agents. Observe established precautions against microbiological hazards throughout the procedure and follow the standard procedures for proper disposal of specimens. Wear protective clothing such as laboratory coats, disposable gloves and eye protection when specimens are assayed.
- Humidity and temperature can adversely affect results.
- The used testing materials should be discarded in accordance with local, state and/or federal regulations.
- The Methamphetamine (MET) Rapid Test provides only a qualitative, preliminary analytical result. A secondary analytical method must be used to obtain a confirmed result. Gas chromatography/mass spectrometry (GC/MS) is the preferred confirmatory method.
- It is possible that technical or procedural errors, as well as other interfering substances in the urine

specimen may cause erroneous results.

- Adulterants, such as bleach and/or alum, in urine specimens may produce erroneous results regardless of the analytical method used. If adulteration is suspected, the test should be repeated with another urine specimen.
- A positive result indicates presence of the drug or its metabolites but does not indicate level of intoxication, administration route or concentration in urine.
- A negative result may not necessarily indicate drug-free urine. Negative results can be obtained when drug is present but below the cut-off level of the test.
- Test does not distinguish between drugs of abuse and certain medications.

### SPECIMEN COLLECTION AND PREPARATION

#### 1) Urine Assay

The urine specimens must be collected in a clean and dry container. Urine collected at any time of the day may be used. Urine specimens exhibiting visible precipitates should be centrifuged, filtered, or allowed to settle to obtain a clear supernatant for testing.

#### 2) Specimen Storage

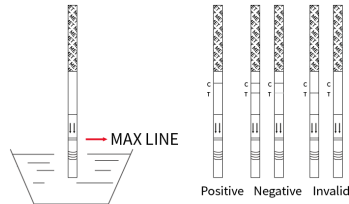
Urine specimens may be stored at 2-8°C for up to 48 hours prior to assay. For prolonged storage, specimens may be frozen and stored below -20°C. Frozen specimens should be thawed and mixed before testing.

### TEST PROCEDURE

**Allow the test, urine specimen, and/or controls to equilibrate to room temperature (15-30°C) prior to testing.**

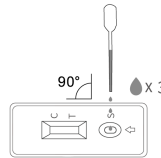
#### [For Strip]

- Bring the pouch to room temperature before opening it. Remove the test strip from the sealed pouch and use it as soon as possible.
- With arrows pointing towards the urine specimen, immerse the test strip vertically in the urine specimen in such a way that urine does not cross MAX line on the test strip for 10-15 seconds. See the illustration below.
- Wait for the red line(s) to appear. The result should be **read at 5 minutes**. Do not interpret the result after 10 minutes.



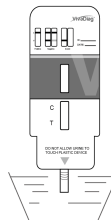
#### [For Device]

- Bring the pouch to room temperature before opening it. Remove the test device from the sealed pouch and use it as soon as possible.
- Place the test device on a clean and level surface. Hold the dropper vertically and transfer 3 full drops of urine (approx. 120 µL) to the specimen well (S) of the test device, and then start the timer. Avoid trapping air bubbles in the specimen well (S). See illustration below.
- Wait for the red line(s) to appear. The result should be **read at 5 minutes**. Do not interpret the result after 10 minutes.

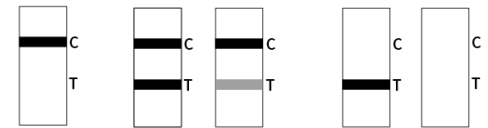


#### [For Panel]

- Bring the pouch to room temperature before opening it. Remove the test panel from the sealed pouch and use it as soon as possible.
- With the arrow pointing toward the urine specimen, immerse the test card vertically in the urine specimen for at least 10 to 15 seconds. Immerse the strip to at least the level of the wavy lines, but not above the arrow on the test card.
- Replace the cap and place the test card on a non-absorbent flat surface.
- Wait for the red line(s) to appear. The result should be **read at 5 minutes**. Do not interpret the result after 10 minutes.



### INTERPRETATION OF TEST RESULTS



#### Positive

#### Negative

#### Invalid

**Positive:** A colored line in the control line region (C) but no line in the test line region (T) for a specific drug indicates a positive result. This indicates that the drug concentration in the specimen exceeds the designated cut-off for that specific drug.

**Negative:** **Two distinct colored lines appear.** A colored line in the control line region (C) and a colored line in the test line region (T) for a specific drug indicate a negative result. This indicates that the drug concentration in the specimen is below the designated cut-off level for that specific drug.

**Note:** The shade of color in the test region (T) may vary, but it should be considered negative whenever there is even a faint colored line.

**Invalid:** **Control line fails to appear.** Insufficient specimen volume or incorrect procedural techniques are the most likely reasons for control line failure. Review the procedure and repeat the test using a new test panel. If the problem persists, discontinue using the lot immediately and contact your local distributor.

### QUALITY CONTROL

Internal procedural controls are included in the test. A colored line appearing in the control region (C) is the internal procedural control. This procedural control line indicates that sufficient flow has occurred, and the functional integrity of the test device has been maintained. Control standards are not supplied with this kit; however, it is recommended that positive and negative controls be tested as a good laboratory practice to confirm the test procedure and to verify proper test performance.

### PERFORMANCE

#### 1. Accuracy

A side-by-side comparison was conducted using the Methamphetamine (MET) Rapid Test and a leading commercially available MET Rapid Test. Testing was performed on 300 clinical specimens previously collected from subjects present for Drug Screen Testing. Ten percent of the specimens employed were either at -25% or +25% level of the cut-off concentration of 1,000 ng/mL Methamphetamine. Presumptive positive results were confirmed by GC/MS. The following results were tabulated:

Method	Other MET Rapid Test		Total Results
	Results	Positive	Negative
Methamphetamine (MET) Rapid Test	Positive	143	0
	Negative	3	154
Total Results		146	154
% Agreement		98%	>99%

When compared at 1,000 ng/mL cut-off with GC/MS, the following results were tabulated:

Method	GC/MS		Total Results
	Results	Positive	Negative
Methamphetamine (MET) Rapid Test	Positive	137	6
	Negative	1	156
Total Results		138	162
% Agreement		99%	96%

#### 2. Analytical Sensitivity

A drug-free urine pool was spiked with drugs to the concentrations at  $\pm 50\%$  cut-off and  $\pm 25\%$  cut-off. The results are summarized below.

A drug-free urine pool was spiked with Methamphetamine at the following concentrations: 0 ng/mL, 500 ng/mL, 750 ng/mL, 1,000 ng/mL, 1,250 ng/mL, and 1,500 ng/mL. The result demonstrates >99% accuracy at 50% above and 50% below the cut-off concentration. The data are summarized below:

Methamphetamine Concentration (ng/mL)	Percent of Cut-off	n	Visual Result	
			Negative	Positive
0	0	30	30	0
500	-50%	30	30	0
750	-25%	30	25	5
1,000	Cut-off	30	18	12
1,250	+25%	30	1	29
1,500	+50%	30	0	30

#### 3. Analytical Specificity

The following tables list the concentrations of compounds (ng/mL) above which the Methamphetamine (MET) Rapid Test identified positive results at 5 minutes.

Methamphetamine related Compound	Concentration (ng/mL)
d-Methamphetamine	1,000
p-Hydroxymethamphetamine	30,000
Phenylephrine	100,000
l-Methamphetamine	8,000
Mephentermine	50,000
3,4-Methylenedioxyamphetamine (MDMA)	8,000
3,4-Methylenedioxymethylamphetamine (MDEA)	25,000
3,4-Methylenedioxyamphetamine (MDA)	>100,000
D-Amphetamine	>100,000
L-Amphetamine	>100,000

4. Precision

Three study sites are participating in the study. Tests were performed over a 10-day period by three operators at each site. There were two tests per day per concentration at each site for each lot to demonstrate the within run, between run and between operator precision. An identical panel of coded specimens containing, according to GC/MS, no Methamphetamine, 25% Methamphetamine above and below the cut-off, and 50% Methamphetamine above and below the 1,000 ng/mL cut-off was provided to each site. The results are given below:

MET Concentration (ng/ml)	n per Site	Site A		Site B		Site C	
		-	+	-	+	-	+
0	20	60	0	60	0	60	0
500	20	60	0	60	0	60	0
750	20	50	10	48	12	54	6
1250	20	4	56	6	54	4	56
1500	20	0	60	0	60	0	60

5. Effect of Specific Gravity

Fifteen urine specimens of normal, high, and low specific gravity ranges were spiked with 500 ng/mL and 1,500 ng/mL of Methamphetamine. The Methamphetamine (MET) Rapid Test was tested in duplicate using the fifteen neat and spiked urine specimens. The results demonstrate that varying ranges of urinary specific gravity do not affect the test results.

6. Effect of Urinary pH

The pH of an aliquoted negative urine pool was adjusted to a pH range of 5 to 9 in 1 pH unit increments and spiked with Methamphetamine to 500 ng/mL and 1,500 ng/mL. The spiked, pH-adjusted urine was tested with the Methamphetamine (MET) Rapid Test in duplicate. The results demonstrate that varying ranges of pH does not interfere with the performance of the test.

CROSS-REACTIVITY

A study was conducted to determine the cross-reactivity of the test with compounds in either drug-free urine or Methamphetamine positive urine. The following compounds show no cross-reactivity when tested with the Methamphetamine (MET) Rapid Test at a concentration of 100 µg/mL.

NON CROSS-REACTIVITY



Acetophenetidin	Cortisone	Isoxsuprine	d-Pseudoephedrine
N-Acetylprocainamide	I-Cotinine	Ketoprofen	Quinidine
Acetylsalicylic acid	Creatinine	Labetalol	Quinine
Aminopyrine	Deoxycorticosterone	Loperamide	Salicylic acid
Amoxicillin	Dextromethorphan	Meprobamate	Serotonin
Ampicillin	Diclofenac	Methoxyphenamine	Sulfamethazine
I-Ascorbic acid	Diflunisal	Methylphenidate	Sulindac
Apomorphine	Digoxin	Nalidixic acid	Tetracycline
Aspartame	Diphenhydramine	Naproxen	Tetrahydrocortisone,
Atropine	Ethyl-p-aminobenzoate	Niacinamide	3-Acetate
Benzilic acid	β-Estradiol	Nifedipine	Tetrahydrocortisone
Benzoic acid	Estrone-3-sulfate	Norethindrone	Tetrahydrozoline
Bilirubin	Erythromycin	Noscapine	Thiamine
d,l-Brompheniramine	Fenoprofen	d,l-Octopamine	Thioridazine
Caffeine	Furosemide	Oxalic acid	d,l-Tyrosine
Cannabidiol	Gentisic acid	Oxolinic acid	Tolbutamide
Chloral hydrate	Hemoglobin	Oxymetazoline	Triamterene
Chloramphenicol	Hydralazine	Papaverine	Trifluoperazine
Chlorothiazide	Hydrochlorothiazide	Penicillin-G	Trimethoprim
d,l-Chlorpheniramine	Hydrocortisone	Perphenazine	d,l-Tryptophan
Chlorpromazine	o-Hydroxyhippuric acid	Phenelzine	Uric acid
Cholesterol	3-Hydroxytyramine	Prednisone	Verapamil
Clonidine	d,l-Isoproterenol	d,l-Propanolol	Zomepirac

REFERENCES

1. Tietz NW. Textbook of Clinical Chemistry. W.B. Saunders Company. 1986; 1735
2. Baselt RC. Disposition of Toxic Multi-Drugs and Chemicals in Man. 2nd Ed. Biomedical Publ., Davis, CA. 1982; 488
3. Hawks RL, CN Chiang. Urine Testing for Drugs of Abuse. National Institute for Drug Abuse (NIDA), Research Monograph 73, 1986

INDEX OF SYMBOLS

	Consult instructions for use		Use by		Contains sufficient for <n> tests
	For in vitro diagnostic use only		Lot number		Catalog number
	Storage temperature limitations		Manufacturer		Do not reuse
	Authorized Representative				

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